

ATTACHMENT-BASED PRACTICE WITH ADULTS, **PART TWO**:

Practical exercises for use in attachment-based assessment and intervention

A 3-DAY COURSE facilitated by CLARK BAIM and LYDIA GUTHRIE

2nd – 4th October 2018

Venue: The Beeches, 76 Selly Oak Road, Bournville, Birmingham. B30 1LS

This course focuses on practical applications of attachment-based practice, and is a follow-on course for people who have attended the three-day Part One course.

What the course covers:

- Re-cap of the key elements of contemporary attachment theory.
- Re-cap of the LEARN Model for improving psychological integration.
- Practising attachment-informed interviewing skills using a comprehensive, attachment-based interviewing guide.
- A six point model for case formulation, tracking progress, and programme evaluation.
- Practising a range of exercises and techniques in chapter nine of the course text, including:
 - *Identifying and using my strengths.*
 - *My social and cultural world – what's important to me?*
 - *The life timeline.*
 - *My family tree and its hidden legacies.*
 - *Conducting my internal orchestra.*
 - *Attachment-based problem solving.*
 - Other techniques aimed at improving self-understanding, building social connections and practising life skills.

The course is a mixture of presentation and small group tasks.

Who is this course for? The pre-requisite to attend this course is attendance at a Part One course in attachment-based practice with adults. This course is for professionals who work with parents or other adults who pose a risk to themselves or others. This includes those working in child welfare / child protection settings, safeguarding, adult mental health, social care or counselling services, criminal justice and multi-disciplinary contexts that cross adult and children's services. This course is also relevant for professionals who supervise staff in the above areas.

Clark Baim, M.Ed., UKCP, is a Senior Trainer in Psychodrama Psychotherapy and Co-Director of the Birmingham Institute for Psychodrama. He and Lydia Guthrie are Co-Directors of Change Point Ltd., a training organisation focusing on the social care, mental health, voluntary and criminal justice sectors. In the 1980s, Clark was the founder and first Director of Geese Theatre UK, using applied drama in prisons and probation. In the 1990s, he worked as a group psychotherapist for five years at HM Prison Grendon, and from 2000 - 2012, he was a trainer for facilitators of the Probation Service's Sexual Offending Groupwork Programmes. He has studied extensively in the Dynamic-Maturational Model of Attachment with Dr. Patricia Crittenden, and developed this 3-day course with Tony Morrison in 2002.

Lydia Guthrie, MA Hons, MSc, Dip SW has a long track record of work in the criminal justice and voluntary sectors. She qualified as a social worker in 1998 and worked for the Probation Service between 1998 and 2009. She has held a variety of roles including Treatment Manager of the Thames Valley Sexual Offending Groupwork Programme and Senior Probation Officer, supervising a team of probation officers in Oxford. This work focused on the risk assessment and management of high risk offenders, and on the delivery of programmes for sexual offending, domestic abuse and partners of offenders. Between 2007 and 2012, Lydia was a trainer for the Probation Service's Sexual Offending Groupwork Programmes. She has an MSc in Attachment Theory from the University of Roehampton.

Course fee: £325 plus VAT. Course fee includes lunches but not accommodation. It is possible to arrange accommodation at the venue for a cost of £65 per night bed and breakfast or £85 per night dinner, bed and breakfast (please arrange this directly with the venue - 0121 433 3311). Payment in full is required to confirm your place. Confirmed places will not be eligible for a refund after 2nd September 2018 unless we can reallocate the place.

To book your place, please contact Lydia Guthrie, c/o email: mailbox@changepointlearning.com. Or write to Lydia Guthrie c/o Change Point Ltd., 230 Oxford Rd., Kidlington, Oxon. OX5 1EB, UK. You can use the application form overleaf. Please provide your name and contact details, including email and telephone. Cheques can be made payable to 'Change Point Ltd.' If you need an invoice, please provide full details.

Early booking is advised.

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ATTACHMENT-BASED PRACTICE WITH ADULTS

YOUR DETAILS (please complete one form per delegate)

NAME

OCCUPATION / POSITION

ORGANISATION

WORK ADDRESS

POSTCODE

WORK TELEPHONE

MOBILE

E-MAIL ADDRESS

HOME ADDRESS (where work address is not being used)

POST CODE

HOME TEL NO

PERSONAL E-MAIL

BOOKING DETAILS - PLEASE BOOK ME A PLACE:

ATTACHMENT- BASED PRACTICE WITH ADULTS,
2ND – 4TH OCTOBER 2018

Tick

NON-RESIDENTIAL PLACE: 3 days, including
lunches & refreshments:

£325 + VAT = £390

TOTAL: £_____

PAYMENT OPTIONS - PLEASE TICK:

(Payment in full is required to confirm your place. Confirmed places will not be eligible for a refund after 2nd September 2018, unless we can reallocate the place.)

- Fee enclosed — Please make cheques payable to 'Change Point Ltd.' No post-dated cheques, please.
- I am paying via PayPal (please go to www.changepointlearning.com for the link to the PayPal payment window).
- Invoice me at my home address
- Invoice my work address - Please specify to whom the invoice should go:

NAME AND TITLE

ADDRESS (IF DIFFERENT FROM ABOVE) INCLUDING POST CODE

PURCHASE ORDER NUMBER, IF RELEVANT:

Accommodation is available at a cost of £65 per night, bed and breakfast or £85 per night dinner, bed and breakfast. Please arrange this directly with the venue (0121 433 3311). We recommend booking accommodation promptly, as it is subject to availability.

Please POST or E-mail to:

Lydia Guthrie, Change Point Ltd.
230 Oxford Rd., Kidlington, Oxon. OX5 1EB, UK
E-mail: mailbox@changepointlearning.com
Mobile: + 44 (0) 7803 293223

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